

*"I have an enduring love for dance and its power to teach, inspire, heal, and transform. I've spent a lifetime of passion and devotion probing the nature of dance and asking why it so important as a life force...As I sit on the bench overlooking my dance deck, a flood of questions arise.*

*What's next? Where am I going?" - Anna Halprin*

Honoring the passing of Anna Halprin at the age of 100 who danced through her 90's, revolutionized the world of dance and helped birth the fields of dance therapy, expressive arts therapy and heavily influenced many popular movement/somatic practices. She was a force for social change and environmental preservation through dance expression, and made an impact beyond words.

I have been flooded with memories of her dance deck in Marin County and the many moments with Anna, my peers, students, and colleagues throughout the years in Northern California at Tamalpa Institute. I remember Anna sleeping on the beach at Sea Ranch in her 70's when I was exploring improvisational dance as a student, witnessing her impassioned performance at her 90th birthday celebration, and most recently the lunches I had with her over the past few years, just the two of us, where I got to know her in a quiet way.

There is a lot of tenderness that I am experiencing in response, and I want to acknowledge all the loss that is being felt around the world. Along with the grief is the immense gratitude for the legacy Anna leaves behind through her unprecedented achievements as an artist, dancer, and teacher.

My love goes to Daria Halprin and her family at this time.

Anna, you will be deeply missed.